What does 4-H offer?

Several types of 4-H Programming:

- *Community 4-H Club*: these clubs focus on various subjects
- *Project 4-H Club*: these focus on one project area
- 4-*H Special Interest/SPIN Clubs*: meeting for a specific learning experience involving at least six hours (short term)
- School Enrichment
- Afterschool programs/workshops

Opportunities to get involved in 4-H at the local, district & state levels:

State 4-H Congress, Judging Teams, County/District 4-H Contests, County & State Fair, public speaking, Teen Leadership opportunities and specialty weekend camps.

Junior 4-H Camp 2020 dates coming soon!

A week-long summer camp at Jamestown 4-H Center offers canoeing, air rifles, marine science and much more. Campers enjoy singing around the camp fire and meeting new friends. Registration starts March 1.



Adults—get involved!

- Start a new 4-H club, SPIN club or help with an existing program
- Attend summer camp/teach a class
- Share a talent or hobby with a group
- Call the extension office today!

For more information contact: Cathy Howland Extension Agent, 4-H Youth Development

Powhatan Extension Office

in the Powhatan Village Building 3910 Old Buckingham Road Powhatan, VA 23139 phone: (804) 598-5640 fax: (804) 598-5607 email: chowland@vt.edu

www.ext.vt.edu



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Powhatan 4-H

Discover all the opportunities!





nia Tech • Virginia State University



What is 4-H?

- 4-H is an exciting program designed for youth ages 5 - 19 with an interest in developing citizenship, leadership and life skills.
- 4-H clubs are volunteer-led and provide opportunities for youth to learn through hands-on activities. Curriculum is research-based.
- The four H's stand for Head, Heart, Hands and Health.

4-H Pledge

"I pledge my head to clearer thinking, I pledge my heart to greater loyalty, I pledge my hands to larger service, I pledge my health to better living, For my club, my community, my country and my world."

4-H Motto: "To Make the Best Better"

4-H Philosophy: "Learn by Doing"

4-H is a community of young people across America who are learning leadership, citizenship and life skills.

Join a Powhatan County 4-H Club!

If you are interested in joining a 4-H club in Powhatan , check out the available clubs and volunteer leaders listed below, or contact the Powhatan Extension Office at (804) 598-5640

Ages 5-8*

Powhatan 4-H Cloverbuds

Leaders: Jessica Winall, Jennifer Walton *Meetings: 3rd Wednesdays, 6:30pm* Contact VCE Office, 598-5640

Ages 9-19*

Heart of Virginia 4-H Livestock Club** Cattle, Sheep, Goats, Hogs, Poultry and Rabbits Contact VCE Office, 598-5640 Meetings: 2nd Thursdays, 6:30pm

Animal Science Judging Teams

- Meats Judging ~ starts mid-Sept after school
- Dairy Judging ~ Thursdays afterschool

Foal 'N Around 4-H Club**

Contact VCE Office, 598-5640 Meetings: 2nd Tuesdays, 6:30pm

Majestic Hooves 4-H Club** Nancy Bruce, 519-6371 Meetings: 3rd Saturdays, 10am

Powhatan Riders Equestrian 4-H Club**

Meetings: 2nd Thursdays, 6:30pm



Powhatan 4-H Outdoors Club

Leader: Judy Cain-Oliver, 598-7172 Meetings: 3rd Tuesdays, afterschool

4-H Shooting Sports/Archery Education

• Powhatan 4-H Shooting Club

There is a <u>waiting list</u> for this club! Contact Powhatan Extension Office to add your child to the current waiting list.



Don't see a club that interests you?

Contact the Powhatan 4-H Extension Agent for help starting a new 4-H club!

Currently seeking adult volunteers for Poultry Judging ~ Archery Hand Crafts ~ Cooking ~ SPIN Clubs & More!



*is the age the child will be by the upcoming September 30th. 4–H eligibility ends December 30th of the year the child turns 19.

**Please keep in mind...you don't have to own a project animal to join an animal science club!